

# HEARING LOSS ASSOCIATION OF DELAWARE

www.hearinglossdelaware.org

### FACT SHEET # 1

# HOW DO I KNOW IF I HAVE A HEARING LOSS?

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The signs and symptoms of hearing loss depend on the type, degree and cause of your hearing loss. Here are some questions to ask your self or a friend!!

- 1. Do you have difficulty hearing tv or radio or meetings easily?
- 2. Is understanding people, women or children difficult?
- 3. Do you often miss words in conversation?
- 4. Do you have to ask people to repeat or clarify?
- 5. Do you find you must stare at people to hear?
- 6. Do you tend to bluff or fake that you understood?
- 7. Is it much harder to hear in background noise?
- 8. Do you sometimes depend on a friend or family to help?
- 9. Do you hear but not understand?
- 10. Do other people think you have difficulty hearing?

#### If you answer yes to any question, get a hearing test!

For more information email HLADE at hlade@comcast.net